We offer the following forms of massage therapies. Feel free to contact us for more information on the type of massage that may be best for you.

Be sure to vist our Packages page for information about our Couples Massages!

Please view our Specials page for monthly specials!

**Swedish Massage**

Relieve tension and sooth your nerves through total body relaxation. This therapeudic treatment is designed to improve circulation, release stress and relieve tension in the muscles.

30 minutes - $27 | 60 minutes - $50 | 90 minutes - $77

**Deep Tissue Massage**

For those with chronic pain, this form of massage is ideal. Using deep strokes and finger pressure across ,muscle fibers, you will feel the difference in your body and mind. Light stretching is also incorporated for a complete experience and this form of massage can be targeted on specific areas of tension to focus on those parts of your body that need the most attention.

30 minutes - $27 | 60 minutes - $50 | 90 minutes - $77

**Hot Stone Massage**

Escape to a state of pure relaxation with this ancient Native American treatment using heated stones and traditional swedish massage. This type of treatment is know to dissolve the stress of the everyday and take you to a deeper state of healing and calm.

60 minutes - $60 | 90 minutes - $85

**Prenatal Massage**

For expectant mothers, this massage helps alleviate lower back pain, swelling and other common discomforts associated with pregnancy. This also prepares a mother-to-be for her natural birthing experience.

30 minutes - $27 | 60 minutes - $50 | 90 minutes - $77

**Hot Towel Massage**

Melt away tension with a full body hot towel massage. Moist, heated towels are infused with essential oils and used to gently loosen muscles and joints to allow for deeper relaxation

30 minutes - $27 | 60 minutes - $50 | 90 minutes - $77

**Reflexology**

An ancient healing art based on the belief that feet serve as microcosms of the entire body. Pressure point massage is performed on the reflex points on the soles of the feet to improve circulation, reduce fatigue, and enhance balance throughout the body.

30 minutes - $27 | 60 minutes - $50 | 90 minutes - $77

**Chair Massage**

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20 minutes - $18 | 30 minutes - $27 | 60 minutes - $50

**Traditional Chinese Massage**

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30 minutes - $27 | 60 minutes - $50 | 90 minutes - $77